



**News Release  
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**THE FARMERS' MARKET AT MARIN COUNTRY MART PRESENTS  
THREE DEMONSTRATIONS WITH A FLAVORFUL FOCUS ON SUMMER**

***Complimentary Pie, Jam, and Lunch Box Presentations Offered on  
Saturday Mornings - July 27, August 3 and August 24***

**LARKSPUR, CA, JULY 18, 2013** - Marin Country Mart has announced three engaging demonstrations to take place at its Farmers' Market this summer. Visitors are invited to learn something new and flavorful from food experts at the complimentary presentations, which showcase pie from summer fruit, seasonal jams, and lunch box fixin's that are healthy and tasty.

Here are details:

- **PEACH PIE DEMONSTRATION**

*Saturday, July 27: 10:30 - 11:30 am*

*Under the big Farmers' Market tent, on the ferry side of Marin Country Mart*

With summer in full swing and stone fruits at their peak, it's time to make PIE for family and friends! The babes (Lenore & Anna, friends since 3rd grade) from the acclaimed Three Babes Bakeshop teach pie essentials at the Farmers' Market at Marin Country Mart on Saturday, July 27. They show visitors the pie ropes as they make a classic peach lattice pie with organic, tree-ripened peaches from Frog Hollow Farms. The babes demonstrate how to make and roll out the flakiest pie crust, select the best fruit for filling, perfectly cream and sugar the pie, weave a lattice over the top, and flute the edge of the crust. Afterwards there's a tasting, so visitors can sample the delicious fruits of their labors. Three Babes Bakeshop is a sustainably focused pie business, using only organically grown ingredients.

- **JAM DEMONSTRATION**

*Saturday, August 3: 10:30 - 11:30 am*

*Under the big Farmers' Market tent, on the ferry side of Marin Country Mart*

Learn the art of making and preserving seasonal jam from the founder of the premier artisanal jam and marmalade company, Blue Chair Fruit Company. Rachel Saunders founded Blue Chair Fruit Company after nearly 10 years of intensive research on fruit and fruit preserving techniques. Rachel and her team produce between 50 and 100 unique and creative flavors per year using



organically and sustainably grown fruit, including some of the rarest heirloom fruits. Rachel authored *The Blue Chair Jam Cookbook* - featuring over 120 recipes - which has received widespread acclaim for its extensive research on jam and marmalade.

- **LUNCH BOX DEMONSTRATION**

*Saturday, August 24: 10:30 - 11:30 am / Book signing, 11:30 am - 12 pm*  
*Under the big Farmers' Market tent, on the ferry side of Marin Country Mart*  
*Book signing and Q&A at Diesel Books: 12 - 1 pm*

As kids prepare to head back to school, parents can make sure they're sent off with delicious, nutritious lunches that are just as healthy as they are tasty. Difficult? Enter Katie Sullivan Morford, food blogger extraordinaire and author of the cookbook *Best Lunch Box Ever*. Katie visits the Farmers' Market on Saturday, August 24, to demonstrate how to make a delicious lunch box using fresh, organic farmers' market ingredients. Katie is a registered dietician with a master's degree in nutrition, and her blog, *Mom's Kitchen Handbook*, details her approach to feeding a family. After the lunch box demonstration, Katie signs copies of her cookbook, which includes ideas and recipes for easy-to-make lunches that children will love.

Launched in fall 2010, the Farmers' Market at Marin Country Mart welcomes families and adults year-round on Saturdays from 9 am - 2 pm, rain or shine. It showcases the freshest seasonal offerings from local farmers and purveyors, with an emphasis on organics and sustainability. The 25+ vendors offer a selection of products, including farm-fresh eggs; heirloom fruits and delicious nuts; artisan jams and marmalades; organic berries, dates and vegetables; sweet and savory crepes; caramel specialties; renowned cheeses; delectable bakery goods; French-style yogurt; grass-fed meats; fresh-caught seafood; organic flowers and diverse orchids; items from locally farmed fibers; knife sharpening and more - plus several casual dining options.



The Farmers' Market also features a range of fun activities for kids:

- o Children's Crafts: 9 am - 2 pm
- o Face Painting: 9 am - 2 pm
- o Kid's Music or Storytelling: 9:30 - 10:30 am
- o Pony Rides & Petting Zoo: 10 am - 2 pm
- o Live Music: 11 am - 12:30 pm

Marin Country Mart is located at 2257 Larkspur Landing Circle, Larkspur, CA 94939. There's lots of free parking. Or take the Larkspur Ferry from San Francisco - it's a three-minute stroll to Marin Country Mart's shops and dining. For more information, contact us by phone 415-461-5700, email at [PR@marincountrymart.com](mailto:PR@marincountrymart.com) or online at [www.marincountrymart.com](http://www.marincountrymart.com).

#### **About Marin Country Mart**

In 2009, J.S. Rosenfield & Co. purchased Larkspur Landing, transforming it into Marin Country Mart through extensive upgrades and new retail offerings with independent brands that better reflect the preferences of residents and

visitors. The open-air shopping destination, comprised of 12 barn buildings and over 173,000 square feet of space, features appealing boutiques, dining options, services and special events (see purveyors below). Marin Country Mart has two sister venues in Southern California, Brentwood Country Mart and Montecito Country Mart, which are favorites among residents for exceptional shopping and dining. All are conceived with a spirit of community in mind, as lively gathering places that evoke simpler, more gracious times. Inspired by the idea of the village square, Marin Country Mart is a welcoming destination where local residents and visitors enjoy talented artisans who ply their trades with pride and skill, in a congenial environment shared with families, neighbors and friends.

For more information or photos, please contact:

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**Purveyors at Marin Country Mart:**

